

*Developing people
for health and
healthcare*

EXAMPLE EXERCISES

Selection Assessment Centre

General Practice
Applicant Guidance: Selection Assessment Centre



GP National Recruitment Office

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Simulation A

Candidate Instructions:

Context:

In this exercise you will be consulted by a patient in an acute hospital setting. The role of the patient will be taken by someone not *directly* involved in the assessment process, although their written evaluation of your performance may be used for reference during final discussions.

Your Task (10 minutes including reading time)

You have a total of 10 minutes to complete this exercise which includes your reading time.

When you are ready to begin the consultation, please invite the patient to enter the room.

You are a Foundation (F2) doctor working in Accident & Emergency.

The nurse in charge asks you to see a patient, Les Milton.

Les became very upset whilst being treated for a knee abrasion sustained in a fall. Les's mother has recently been diagnosed with Huntington's disease.

Huntington's disease (previously known as Huntington's Chorea) is a disorder of the central nervous system.

Huntington's disease is caused by an autosomal dominant gene, which may be identified by a blood test.

Examination of the patient is not necessary. Please assume that any physical examination would not add any further information to that already provided.

Simulation B

Candidate Instructions:

Context:

In this exercise you will be consulted by a patient's relative in an acute hospital setting. The role of the relative will be taken by someone not *directly* involved in the assessment process, although their written evaluation of your performance may be used for reference during final discussions.

Your Task (10 minutes including reading time)

You have a total of 10 minutes to complete this exercise which includes your reading time.

When you are ready to begin the consultation, please invite the relative to enter the room.

You are a Foundation (F2) doctor responsible for patient discharge on a medical ward.

Mrs Bray, aged 85 years, was admitted 10 days ago with a chest infection with a background of COPD.

On this morning's ward round, your consultant said that Mrs Bray is ready for discharge..

Mrs Bray's next of kin, S. Bray, has been in contact and has asked to see you.

You have Mrs Bray's permission to discuss her care with her next of kin.

Simulation C

Candidate Instructions:

Context:

In this exercise you will be consulted by a hospital colleague in an acute hospital setting. The role of the colleague will be taken by someone not *directly* involved in the assessment process, although their written evaluation of your performance may be used for reference during final discussions.

Your Task (10 minutes including reading time)

You have a total of 10 minutes to complete this exercise which includes your reading time.

When you are ready to begin the consultation, please invite the patient to enter the room.

You are a Foundation (F2) doctor working in an Obstetrics unit.

The hospital where you work has about 1,000 births per year.

You have agreed to meet a colleague midwife in your 10 minute coffee break.

Your colleague said she wanted to ask you something about work.

Written Exercise

Candidate Instructions

Context:

You are a junior doctor working on a busy hospital ward. It is now 12.00 noon. You must leave by 13.00 to attend an interview for specialty training (cancellation of the interview is not an option). The various issues below remain outstanding and need to be prioritised for action.

Your Task: (30 minutes)

1. To rank each issue in the order in which you intend to deal with it.
2. To justify your decisions and describe what action you will take.
3. To reflect on the challenges posed by this exercise.

All rankings, justifications and comments should be entered and completed within the appropriate boxes on the answer sheet.

You have 30 minutes in total for the exercise. You will be informed when you have five minutes left. You should reserve at least 5 minutes to complete the third stage of the task (reflecting on the exercise). This contributes to your assessment and should not be left blank.

Issues to be Ranked:

- A. One of your female patients has dementia and severe Parkinson's disease. Her son has travelled two hundred miles to meet with you. He is waiting to discuss his mother's future care.
- B. You overhear a student nurse repeatedly shouting at a demented patient in the bed next to the nursing station where you are working.
- C. The oncology nurse contacts you to inform you that one of the patients who is neutropenic has developed a temperature of 40.2 degree centigrade.
- D. The ward nurse-in-charge informs you that a patient who was diagnosed with multiple pulmonary emboli two days ago is refusing to take their Warfarin.
- E. You receive a text message from a colleague, whom you are due to hand over to, informing you that they will be late for their shift again (this is the third time in three weeks), and asking if you will cover them.