

General Medical Council (GMC) resources that will help you before you come to the UK

There are some resources on the GMC website that would help you before you come to the UK:

1. GMC apps

Download our two app's – they are free and can be used before you come to the UK:

- **My Good Medical Practice (GMP) – ethical guidance app**

This app gives you a quick and easy way to access all of our ethical guidance on your smartphone or tablet: <https://www.gmc-uk.org/ethical-guidance/my-gmp-app>

- **My continuing professional development App (My CPD)**

This app allows you to record your learning in a way that suits you:

<https://www.gmc-uk.org/education/standards-guidance-and-curricula/guidance/continuing-professional-development/get-the-my-cpd-app>

2. GMC Good medical practice in action.

Test your knowledge of our ethical guidance by visiting Good medical practice in action. You get to choose what the doctor should do in over 60 scenarios and then you can record what you have learnt in the My CPD app. This part of our website is here: <https://www.gmc-uk.org/gmpinaction/>

3. GMC on line self-assessment tool.

Being a successful doctor in the UK is about more than clinical competence. You also need to know and apply the principles and values set out in our core guidance Good Medical Practice that we briefly looked at. This on-line self-assessment will give you an insight into your level of knowledge and understanding of how the standards apply to your daily practice. This is an anonymous test, so only you will have a record of your results, all we ask is for your nationality and country of primary medical qualification. It can be found here: <https://www.gmc-uk.org/doctors/welcomeuklogin/Default.aspx>

4. GMC learning materials.

We write about a variety of topical issues for doctors in the UK for you to browse at our leisure: <https://www.gmc-uk.org/ethical-guidance/learning-materials>